Healthy LIVING WITH DIABETES

Sessions Meet:
Tuesday & Thursday
4 - 6 pm
March 3rd - March 12th, 2026

Location:
Virtual on Zoom Platform

OUR FREE, NATIONALLY ACCREDITED DIABETES EDUCATION WORKSHOPS ARE NOW AVAILABLE

Get the latest information on how you can manage your diabetes. Topics include:

- How to develop a healthy eating and activity plan
- Tips on taking medication
- Learn how you can reduce your risks for short and long-term complications.

Registration is Required by Friday, February 27, 2026

Complete the workshop for a chance to win! We're giving away two $25 gift cards.

To register or for more information contact:
Debbie Bell, DebbieY.Bell@ky.gov or 502-564-7647 x 207

Public Health Franklin County Health Department

PHAB Accredited Health Department

Gateway District Health Department

Healthy living with Diabetes
Kentucky Department for Public Health

ADCES DEAP DIABETES EDUCATION ACCREDITATION PROGRAM